

WEEK 1

MATTHEW 22:36-40

What we're for is more important than what we're against.

WEEK 2

JOHN 14:9

Getting to know Jesus is how we get to know God.

WEEK 3

LUKE 15:3-7

Our value is determined by God.

WEEK 4

**JOHN 4:7-9;
JOHN 4:39a**

Everyone matters to Jesus, so everyone should matter to us.

WEEK 5

JOHN 15:1, 5, 9-10

A relationship with Jesus fuels our love for God, others, and ourselves.

THINK ABOUT THIS

WEEK 1: Remember that their friends largely influence the things your kid may be passionately for or against. The desire for social acceptance is at an all-time high during this phase.

WEEK 2: Your middle schooler may have a lot of questions about who God is. Don't be worried when they ask those questions. This is their way of processing and figuring out what's vital to their faith.

WEEK 3: Students of all ages face the temptation of looking to others to find their value, but particularly so in middle school. In this phase, it's important to remind them of their value in God's eyes.

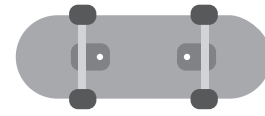
WEEK 4: As your kid becomes more conscious of who they are, they'll also become more aware of the ways in which they're different from others.

WEEK 5: Focusing on what's vital to their faith can be hard for your middle schooler, as they may get overwhelmed with rules and regulations. Keeping it simple is huge in helping them grasp what's vital to God.

REMEMBER THIS

Jesus replied, "You must love the Lord your God with all your heart, all your soul, and all your mind.' This is the first and greatest commandment. A second is equally important: 'Love your neighbor as yourself.'"

Matthew 22:37-39 NLT



DO THIS



MORNING TIME

Your kids are talking all about vitals, so what better time to teach them how to check their own? This week, practice checking your vitals by taking each other's pulse.



DRIVE TIME

Go out of your way to do just one nice thing you don't have to do for someone else. Showing just a little kindness to others when you don't have to is a great way to live out the greatest commandment as a family this week.



MEAL TIME

This week, talk about what's vital to your family. Make a list of the things that are most important to you as a family and post it somewhere you all can see as a reminder of the vitals in your home.



BED TIME

To practice what they've been taught this week, encourage your student to say one thing they love about themselves, one thing they love about someone else, and one thing they love about God. Then, share your own answers as well!

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