

Breaking Through the Bondage of Fear

"Breakthrough"

Psalm 27

September 15, 2019

THIS WEEK'S SCRIPTURE

Context:

What are you afraid of? What keeps you awake at night? What causes you to doubt God? Do you fear that your situation can't change or that God will never answer your prayer? What do you avoid because you're afraid to go there?

Even King David, the man after God's own heart, had fears. In fact, he had a lot of fears! But he was willing to be vulnerable and lay them before God. As a result, God became his place of confidence and assurance.

I want you to know that you don't have to be owned by fear. I want you to know that by relying on Jesus, trusting Jesus, and abiding in him, you can break through the bondage of fear.

Key Scripture:

Psalm 27

¹ The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid?

² When evildoers assail me to eat up my flesh, my adversaries and foes, it is they who stumble and fall.

³ Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident.

⁴ One thing have I asked of the LORD, that will I seek after: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to inquire in his temple.

⁵ For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock.

⁶ And now my head shall be lifted up above my enemies all around me, and I will offer in his tent sacrifices with shouts of joy; I will sing and make melody to the LORD.

⁷ Hear, O LORD, when I cry aloud; be gracious to me and answer me!

⁸ You have said, "Seek my face." My heart says to you, "Your face, LORD, do I seek."

⁹ Hide not your face from me. Turn not your servant away in anger, O you who have been my help. Cast me not off; forsake me not, O God of my salvation!

¹⁰ For my father and my mother have forsaken me, but the LORD will take me in.

¹¹ Teach me your way, O LORD, and lead me on a level path because of my enemies.

¹² Give me not up to the will of my adversaries; for false witnesses have risen against me, and they breathe out violence.

¹³ I believe that I shall look upon the goodness of the LORD in the land of the living!

¹⁴ Wait for the LORD; be strong, and let your heart take courage; wait for the LORD!

Additional Scripture:

Psalm 23:6 – Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD forever.

Luke 12:32 – "Fear not, little flock, for it is your Father's good pleasure to give you the kingdom."

Proverbs 18:11 – A rich man's wealth is his strong city, and like a high wall in his imagination.

Joshua 1:9 – Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go."

Isaiah 41:10 – Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Isaiah 41:13 – For I, the LORD your God, hold your right hand; it is I who say to you, "Fear not, I am the one who helps you."

Psalm 56:3-4 – When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?

2 Timothy 1:7 – For God gave us a spirit not of fear but of power and love and self-control.

DISCUSSION & APPLICATION

- 1. What do you fear? Can you make a list and share it with the group? How do these fears affect your life? Your vulnerability will allow the others to pray for you and support you.**

- 2. Have you shared these fears with God? He already knows but he wants you to abide in him. What are some times during the day that that you can put aside to pray? Who can you pray with?**

- 3. Do you believe that God is powerful and in control? If so, how does that help you with the problem of fear? If not, what are some biblical promises that you can rely on?**

NEXT WEEK'S TOPIC

Breaking through the lie that it's someone else's job to save the lost. (*Romans 10:14*)

