

"Finding My True Identity"
Hope for the Parent and Grandparent During Covid-19

May 17, 2020

THIS WEEK'S SCRIPTURE

Context:

John was enamored with being a child of God. He knew that his readers would be secured by that truth. Likewise, you can thrive as a parent or grandparent during the Covid-19 era when you come to grips with the fact that your identity is based on one thing: You are a child of God!

Key Scripture -

1 John 3:1

See what kind of love the Father has given to us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him.

DISCUSSION & APPLICATION

- 1. The Covid-19 pandemic brings out the best and worst in us. Parenting a child or grandchild has become a full-time and stressful ordeal. Why do you think it's important to avoid gauging God's love for you based on your child's performance? How does the Lord's work on the cross ensure that you have been, and always will be, loved by God?**

2. It is easy to try to find adoration of others through the behavior of your child. Can you think of a time when your relationship with your child was adversely affected by the pressure being put on him / her to succeed so that you wouldn't be embarrassed? What can you do differently next time?

3. Children aren't built to sustain the weight of our identity. As Dr. Paul Tripp says: "If you're not resting in your identity in Christ, you will look for identity in your children ... there are really only two ways to find identity: vertically or horizontally." Watch this video and mark down three things that God shows you regarding how to best interact with your child during the Covid-19 era:
https://www.paultripp.com/video#!/swx/pp/media_archives/170524/episode/64992

NEXT WEEK'S TOPIC

How I Can Find Hope for Depression and Mental Illness?

Psalm 34:18

Note: You can access the LifeSupport Podcast at myrwc.org/LifeSupport.

